All-American Apple Pie

Prep: 45 minutes plus chilling and cooling

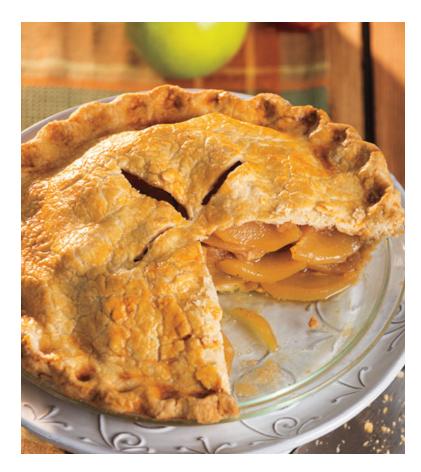
Bake: 55 minutes • Serves: 8

Pie Dough

- 2 cups all-purpose flour
- ½ teaspoon salt
- ½ cup cold unsalted butter (1 stick), cut into pieces
- ½ cup cold vegetable shortening, cut into 3 pieces
- 5-7 tablespoons ice water

Apple Filling

- ¼ cup brown sugar
- 1/4 cup granulated sugar
- 3 tablespoons all-purpose flour
- 1 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- ½ teaspoon salt
- 3 pounds Braeburn, Fuji, Granny Smith or Jonathan apples (about 8 medium)
- 1 tablespoon fresh lemon juice
- 2 tablespoons unsalted butter, cut into cubes
- 1 large egg
- 1 tablespoon heavy whipping cream or whole milk
- **1.** Prepare Pie Dough: In food processor with knife blade attached, pulse flour and salt until combined. Scatter butter and shortening over flour mixture; pulse until butter and shortening are cut into the flour. The mixture should look like pea-sized crumbs.
- **2.** Add ice water, 1 tablespoon at a time, pulsing twice after each addition until mixture holds together when pinched between fingers. Turn dough onto work surface; shape dough into 2 equal disks. Wrap disks with plastic wrap; refrigerate at least 1 hour or up to a day ahead.
- **3.** Adjust oven rack to lowest position. Preheat oven to 375°. Line rimmed baking pan with aluminum foil; place in oven to preheat. Let dough stand at room temperature 5 minutes or until soft enough to roll.



- **4.** Meanwhile, prepare Apple Filling: In large bowl, stir together sugars, flour, cinnamon, nutmeg and salt. Peel, core and cut apples into ¼-inch-thick slices. You should have about 8 cups sliced apples. Toss apples with lemon juice; sprinkle with sugar mixture and toss until apples are evenly coated.
- **5.** Unwrap 1 disk of dough. Lightly dust work surface, rolling pin and top of dough with flour. Using firm, consistent strokes, roll dough from center outward to about 1/8-inch-thick and 12 to 13 inches across for a 9-inch pie plate, occasionally turning dough a quarter turn to make sure it is not sticking. Roll dough loosely around rolling pin and place into pie plate. Press dough lightly onto bottom and sides of plate. Spread apple filling into prepared pie crust; dot with butter.
- **6.** Repeat process in step 5 to roll out remaining disk of dough and place over filling; with scissors, trim edges of dough leaving a ¾-inch overhang. Fold excess top crust under bottom crust and flute to form a seal.
- **7.** In small bowl, whisk together egg and cream. With small basting brush, brush top of pie with 2 to 3 tablespoons egg mixture, just until covered. With paring knife, cut four 2-inch vents in top crust. Place pie on preheated pan in oven. Bake pie 55 to 65 minutes or until filling bubbles in center and top is golden brown. Cool pie on wire rack 2 to 3 hours to serve warm, or cool completely.

Approximate nutritional values per serving: 462 Calories, 21g Fat (12g Saturated), 54mg Cholesterol, 228mg Sodium, 65g Carbohydrates, 5g Fiber, 5g Protein