



Chipotle-Roasted Tomato Dip

Prep: 10 minutes

- 2 garlic cloves, minced
- 1¼ cups sour cream
- ½ cup undrained canned fire roasted tomatoes
- ¼ cup chopped chipotle peppers in adobo (about 1 to 2 peppers)
- 1 teaspoon salt
- ¼ teaspoon ground black pepper

In blender, purée all ingredients until smooth, scraping sides of blender occasionally with rubber spatula. Makes about 2 cups.

*Approximate nutritional values per serving (¼ cup):
76 Calories, 6g Fat (4g Saturated), 18mg Cholesterol,
393mg Sodium, 3g Carbohydrates, 1g Fiber, 1g Protein*