

Melon Ball Salad

Prep: 30 minutes • Serves: 6

- 6 cups assorted melon balls
- 3 tablespoons chopped fresh mint leaves
- 3 tablespoons fresh lime juice
- 3 tablespoons honey
- 2 teaspoons lime zest

Place melon balls in serving bowl. In small bowl, whisk remaining ingredients until well combined. Pour mint mixture over melon; toss until well combined.

Approximate nutritional values per serving: 92 Calories, 0g Fat (0g Saturated), 0mg Cholesterol, 22mg Sodium, Carbohydrates, 2g Fiber, 1g Protein

Get Inspired

Melon varieties to try in this salad include cantaloupe, casaba, Crenshaw, honeydew, Santa Claus and watermelon.